

# SOCCER PRACTICE GAMES

[Click here to read a review of the "Super Soccer Skills" video](#)

## "Tick Tock" \* \* \* \*

(aka "The Foundation")

(All ages)

Teaches:	<ul style="list-style-type: none"><li>• Fast feet &amp; ball control using inside-of-feet</li></ul>
Set-up:	<ul style="list-style-type: none"><li>• Every player has a ball &amp; starts with the ball between his feet, with knees bent</li></ul>
The Game:	<ul style="list-style-type: none"><li>• On "Go" each player taps the ball between his feet. Each tap is "one"</li><li>• 1st to reach 20 wins (1st to 40 if U-12).</li></ul>
Tip:	<ul style="list-style-type: none"><li>• Keep knees bent &amp; tap ball with the front of the foot (this gives better control than the back of the foot).</li></ul>