## The Mission of the Cecil Soccer Club is:

TO conduct a representative team soccer program in which the participating players develop: maturity, motivation, physical fitness, individual skills, teamwork, tactics, and sportsmanship to observe both the spirit and the laws of the game.

## In a Way That

1. Identifies the more advanced soccer players and provides a unique soccer opportunity for those players,
2. Identifies those players and families who are committed to the competitive scheduling of league and tournament play,
3. Identifies those players through a specified tryout process that will test both the emotional and physical abilities of the players,
4. Will, whenever possible, field a team in every age group,
5. Helps to develop teams which are competitive in their respective age groups,
6. Identifies coaches who have the special skills to coach youth soccer at an advanced level.

So That the Cecil Soccer Club can field skillful and proficient teams, comprised mostly of players from the Cecil Soccer League, who are capable of competitive league and tournament play.

## TABLE OF CONTENTS

Mission Statement ..... i
Table of Contents ..... ii
Objectives and Scope ..... iii
Forward ..... iv
The Representative Team Committee ..... 1
Teams ..... 3
The Representative Team Coach ..... 3
Player Evaluation ..... 5
Tryouts and Player Eligibility ..... 6
Filling Vacancies ..... 7
Tournaments ..... 8
Finances ..... 9
Registration Fees ..... 10
Conduct ..... 10
Amendment of the Rules of Operation ..... 11
Appendix A: Example Try-Out Evaluation From ..... 12
Appendix B: Tournament Evaluation ..... 13

## OBJECTIVES AND SCOPE

The purpose of the Cecil Soccer League's Representative Team Program, also known as the Cecil Soccer Club, is to provide a unique opportunity for those players identified as being capable of playing at a higher level of competition among players of similar ability. Players in this program have committed themselves to soccer through competitive scheduling and opportunities for tournament play in other parts of the country.

The Board of Directors of the CSL has directed that the Representative Team Program, where possible, field at least one team from each birth year. Identification of these players will be made through a specified tryout process which will gauge both the emotional and physical abilities of the players who wish to compete at this higher level.

Through carefully balanced and measured training, it is expected that players develop maturity, motivation, physical fitness, individual skills, tactics and teamwork. The ultimate purposes are: (1) to develop teams which are competitive in their age groups, and (2) to develop players who display good sportsmanship and observe both the spirit and rules of the game.

## FORWARD

The purpose of this manual is to provide Cecil Soccer League with rules under which the Representative Team Program will operate. Suggestions for additions and changes should be submitted to the Chairperson of the Representative Team Committee in writing.

These rules have been approved by the CSL Board of Directors and will so stand until they are either rescinded by the CSL Board or revised through the amendment process. No individual associated with the CSL has the authority, implied or otherwise, to alter in any way the rules set forth in this manual.

Any player, coach, or team refusing to comply with these rules will no longer be sponsored and registered by the CSL or the Cecil Soccer Club.

## I. The Representative Team Committee:

I. 1 The purpose of this committee is to help supervise, on behalf of the CSL Board of directors, the procedures under which the Representative Team Programs will operate.
I. 2 The duties of the CSL Representative Team Committee shall include:
I.2a To establish the procedures and programs for the representative teams which will receive final approval of the CSL Board of Directors.
I.2b Enforcement of the representative team procedures as approved by the CSL Board.
I.2c To provide guidance to CSL members, players, coaches, and the CSL Board on all matters falling within its jurisdiction.
I. 3 The Representative Team Committee voting membership shall consist of the following:
I.3a One parent member from each CSL representative team.
I.3b One coach of assistant coach from each CSL representative team.
I.3c Three members from the in-house program who are annually appointed by the President of CSL. One of these three shall be an in-house coach or chair of the inhouse coaches committee.
I.3d The chairman of the committee shall be the Vice President of Representative Teams of the CSL.
I. 4 The Representative Team Committee Team Committee will meet as often as needed and preferably at least three times during the year.
I. 5 Meetings will be scheduled by the Chairman who will announce them as far in advance as possible. The President of CSL will be invited to the meetings of the Representative Team Committee but will not be a voting member or the Committee.
I. 6 Through the Chairman of the Committee, any member of the committee can request a special meeting.
I. $7 \quad$ All Representative Team Committee meetings will be chaired by the Rep Team Committee Chairman or in his/her absence by an alternate designated by the Chairman.
I. $8 \quad$ Official Committee action can only be taken by a quorum (except as provided by paragraph XI.2) which will include the Chairman or Chairman designate.
I. 9 A committee quorum will consist of $50 \%$ of the voting membership.
I. 10 A two-thirds (2/3) majority of the quorum will constitute approval of the Rep Team Committees action.
I. 11 The Chairman of the Rep Team Committee will appoint a recording secretary who will keep minutes of all meetings.
I. 12 The Chairman or a designate will report on meetings and activities of the committee at the regular meetings of the CSL.

## II. Teams:

II. 1 Teams can be formed starting with 8 year olds as defined by USYSA to play as under 9's.
II. 2 Representative teams will not play in CSL in-house league programs unless specifically invited to do so by the Vice President of the in-house program.
II. 3 Each team will register with the MSYSA. The registration of all teams will be under the supervision of the CSL Rep Team Committee Registrar.

## III. The Representative Team Coach:

III. 1 Representative Team coach candidates will be approved by the Representative Team Committee.
III. 2 All CSL coaches, both in-house and representative teams, shall be notified of the Committees intent to form new representative teams. The notification will specify the birthday cutoff date of the new team.
III. 3 All coach candidates interested in coaching a newly-formed representative team must notify the Rep Team Committee in writing of their interest by April $1^{\text {st }}$ of each year for the subsequent year's coaching assignment.
III. 4 The Rep Team Committee as defined in section I. 3 shall appoint a Coach Selection Committee whose membership can include representation from the Representative Team Committee and others from outside the Representative Team Committee. The Coach Selection Committee will be responsible for recruiting new
coach candidates and the selection of Senior Coaches when required by the existence of multiple teams in an age bracket.
III. 5 All new coach selections shall be approved by provisions stated in paragraph I.9.
III. 6 All coaches currently serving shall remain as coaches and will be automatically reaffirmed each ensuing year unless complaints made in writing are received by the representative Team Committee prior to April $1^{\text {st }}$ of the year preceding the following year's appointment. "Emergency" complaints, which may affect the well being of team members, may be received at any time.
III. 7 When a coach of an existing representative team resigns, his/her replacement shall be approved as specified in paragraph I. 9 with a 2/3-majority vote of the Rep Team Committee Quorum.
III. 8 The resolution procedure for complaints concerning a coach's performance shall be as follows: a) informal separate conversations with the coach and the complaining party by the Rep Team Chairman or his/her designate. b) A formal meeting of the Committee with both parties present where a decision of resolution will be reached. A letter outlining the resolution will be sent to both parties.
III. 9 Coaches are required to notify the Chairman of the Representative Team Committee of CSL as soon as possible of any injury requiring treatment by a physician to a player suffered during a game or at practice.
III. 10 Coaches who will not field a team for a season which they would normally be expected to play, (fall season for teams under-14 or younger, spring season for older teams), shall notify all players
and prospects the team is dissolved and comply with paragraph III. 11 and VIII. 6.
III. 11 Within 30 days of the dissolution of any Representative Team the coach of the team shall:
a) Turnover all financial assets of the team to the CSL Representative Team Committee Treasury.
b) Turnover all equipment and physical assets that are not the specific property of a coach, manager, or other member of the team, to the Representative Team Committee.
c) Notify the Chairman of the Representative Team Committee in writing of the dissolution of the team and the completion of $a$ ) and $b$ ) above.

## IV. Player Evaluation:

IV. 1 Each Rep Team Coach will nominate a player evaluation panel that will be approved by the Rep Team Committee.
IV. 2 The evaluation panel will be made up of no fewer than 3 persons one of which should be the coach of the team.
IV. 3 The evaluation panel members will be selected on one or more of the following criteria:
a) Possesses a coaching license
b) Is an active coach
c) Anyone who, in the judgement of the of the Rep Team Committee Chairman, has demonstrated knowledge of the game.
IV. 4 The evaluation panel should remain intact for all of the tryout sessions.
IV. 5 The tryouts will be conducted giving top priority to the format and content developed by the coach of that team.
IV. 6 Before the tryouts begin the coach will meet with the other members of the evaluation panel and present an outline of how the tryouts will be run and what will be expected of each member of the evaluation panel.
IV. 7 The coach of each Rep Team will devise and use his/her own drills and tests.
IV. 8 A written evaluation from must be used for player tryouts. The evaluation form in Appendix $A$ is an example of such a form and it or a suitable substitute may be used for player evaluation and ranking.
IV. 9 After the tryout sessions the head coach will collect the evaluation forms and elicit any comments from his evaluation panel. With this information the coach will select his team based on:
a) Evaluation panel's recommendations
b) Coaches observations
c) Evaluation forms
IV. 10 All persons trying out will be notified within 72 hours of their tryout whether or not they will be rostered on that team.

## V. Tryouts and Player Eligibility:

V. 1 Primary consideration for player selection will be given to individuals who were members of the CSL in-house or Rep Team program in a prior season.
V. 2 Each prospective player must take an active part in the tryout process.
V. 3 No individual has the authority to grant a waiver of any of the eligibility requirements.
V. 4 The Representative Team Committee will be responsible for the nofification of the intent to hold tryouts. Notification will be made to all CSL coaches and players and advertised in the local papers.
V. 5 The Rep Team Committee will set the initial schedule for tryouts in descending order of age. If roster vacancies exist after the initial tryout, supplemental tryouts may be held at the discretion of the coaching staff. The Chairman of the Rep Team Committee shall be notified of all supplemental tryouts.
V. 6 Tryouts will be conducted and completed between April and July of each year for the subsequent year's teams.
V. 7 During the evaluation process, equal opportunity will be given to every player. Objectivity and fairness will be observed in all testing and evaluations.
V. 8 Older teams which play only a Spring season will hold open tryouts at a later date. These tryouts will be in accordance with paragraphs V.1, V.2, V.3, V.7, V.9, and V.10.
V. 9 A copy of the evaluation forms must be available for Rep Team Committee review up to 90 days following each player's tryout. The coach should be prepared and willing to discuss the selection of players.
V. 10 Players participating in the Rep Team Program may not participate in the CSL in-house program unless specifically approved by the in-house Vice President.

## VI. Filling Vacancies:

VI. 1 Priority for filling any team vacancies will go first to players evaluated during the original tryout process. If no suitable player is found, a special tryout may be used by the coach for candidate evaluation.
VI. 2 There will be no transfer of players between CSL Representative teams during the playing year unless under extraordinary circumstances. In all cases, transfers must be approved by the Representative Team Committee before a player can participate in any team activity.
VI. 3 The recruiting of players from other Representative Teams during the playing year is prohibited. A violation of this rule will result in disciplinary action which could include dismissal of the coach. A coach may approach a player on another Representative Team only after the conclusion of a playing year (end of spring season).

## VII. Tournaments:

VII. 1 Information on available tournaments is available on the internet. The V.P. of Rep Teams will help coaches find this or additional information upon request.
VII. 2 Intent to participate in any out of state tournaments must be coordinated through the Rep Team Registrar. The Rep Team Registrar will provide travel papers, proof of insurance, etc. to all teams.
VII. 3 Representative Teams, coaches, parents, and players will observe all applicable league or tournament rules and regulations.
VII. 4 Coaches are encouraged to submit tournament evaluation forms to the Chairman of the Rep Team Committee following each tournament. A sample form is attached as Appendix $B$.

## VIII. Finances:

VIII. 1 Representative teams, individually and collectively, may raise funds to pay any and all team related expenses.
VIII. 2 Each Representative Team is entitled to maintain a separate account for any monies that they raise with the following restrictions:
a) The account must be available for audit at the discretion of the Representative Team Committee;
b) The account must have two authorized check signers.
VIII. 3 Representative Teams, individually and collectively, may solicit, receive and spend monies from Sponsors. The Sponsor must be aware that the game uniforms cannot carry the Sponsor's name.
VIII. 4 The Representative Team Committee will establish and maintain its own financial account. This account will be used to loan money to the Rep Teams for various expenses such as
tournament registration, as an aid to new teams getting started and other needs as determined by the Rep Team Committee. All moneys borrowed must be repaid to the Committee's Fund.
VIII. 5 The Rep Team Committee financial account will also be used for the Committee expenses such as advertising of tryouts and purchasing tournament patches which will be sold to the Rep Teams at Committee Cost.
VIII. 6 In the event of the dissolution of any Representative Team, the financial assets of the team will resort back to the CSL
Representative Team Committee Treasury. Coaches are required to turn all financial assets over to the CSL Representative Team Committee Treasury within 30 days.

## IX. Registration Fees:

IX. 1 Most teams will register with, and pay registration fees directly to, MSYSA through the Cecil Soccer Club Registrar.
IX. 2 For any team using the CSL in-house registrar, registration fees will be paid directly to the Representative Team Committee Account. The Committee will pay fees due to the CSL general account for the individual teams.

## X. Conduct:

X. 1 Coaches and players are expected to conduct themselves within the spirit as well as the rules of the game.
X. 2 Coaches are responsible for the conduct of their players and spectators on their side of the field.
X. 3 There will be no verbal or physical attacks on the referee.
X. 4 Players who are "carded" during a game are subject to the rules of their league or the tournament in which they are playing.
X. 5 Any Red Card issued to a player, coach, or the bench must be reported to the Representative Team Committee for review.

## XI. Amendment of the Rules of Operation:

XI. 1 The rules of Operation of the CSL Representative Team Program can be amended at any time provided the following procedures are followed:

Any amendment must be submitted in writing to the Chairman of the Rep Team Committee;

Each member of the Rep Team Committee will be provided with a copy of the amendment;

The amendment must be read at a Rep Team Committee meeting;

A vote on the amendment will be taken at the next Rep Team Committee meeting.
XI. 2 A majority of the entire Representative Team Committee is required to constitute approval of an amendment by the Representative Team Committee.
XI. 3 After Representative Team Committee action, all amendments will be forwarded by the President of the League to the CSL Board of Directors with a record of the Rep Team Committee's action.
XI. 4 Any member of the Representative Team Committee may file with the Chairman a majority or a minority opinion related to the
amendment at hand. This will be forwarded to the CSL board of Directors for their information at the time they act on the amendment.
XI. 5 Amendments will become effective at the time they are approved by the CSL Board of Directors.

## APPENDIX A

## EXAMPLE TRY-OUT EVALUATION FORM

I. Physical Fitness
A. Strength

1. Push Ups \#/min $\qquad$
2. Run with Partner: time $\qquad$

| 1 | 2 | 3 | 4 | 5 |
| :--- | :--- | :--- | :--- | :--- |
| 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 |

B. Quickness/Speed

1. Shuttle Run $\qquad$
2. 40 yd dash $\qquad$
3. Defender Catch Up

| 1 | 2 | 3 | 4 | 5 |
| :--- | :--- | :--- | :--- | :--- |
| 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 |

C. Agility
1.
2.
3.

| 1 | 2 | 3 | 4 | 5 |
| :--- | :--- | :--- | :--- | :--- |
| 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 |

D. Stamina

1. Figure eights
2. Shuttle Run
3. Timed Distance Run

| 1 | 2 | 3 | 4 | 5 |
| :--- | :--- | :--- | :--- | :--- |
| 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 |

II. Skills
A. Ball control

| 1. | Juggling | 1 | 2 | 3 | 4 | 5 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 2. | Step overs | 1 | 2 | 3 | 4 | 5 |
| 3. | Backwards on one foot | 1 | 2 | 3 | 4 | 5 |
| 4. | Ball touching | 1 | 2 | 3 | 4 | 5 |
| 5. Speed dribble | 1 | 2 | 3 | 4 | 5 |  |
| 6. Control dribble | 1 | 2 | 3 | 4 | 5 |  |
| 7. | Creative dribble | 1 | 2 | 3 | 4 | 5 |

B. Passing and receiving

| 1. | Partners | 1 | 2 | 3 | 4 | 5 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 2. | 4 corners | 1 | 2 | 3 | 4 | 5 |
| 3. | Open space | 1 | 2 | 3 | 4 | 5 |
| 4. | Throw-in, trap and pass | 1 | 2 | 3 | 4 | 5 |

C. Shooting

1. Drop and shoot $\begin{array}{llllll}1 & 2 & 3 & 4 & 5\end{array}$
2. $\begin{array}{lllllll}\text { Dribble through cones and shoot } & 1 & 2 & 3 & 4 & 5\end{array}$
3. Left and right around cone \#__ $\begin{array}{llllll}1 & 2 & 3 & 4 & 5\end{array}$
D. Tackling
4. Ladders $\begin{array}{llllll}1 & 2 & 3 & 4 & 5\end{array}$
E. Heading
5. Clearing
6. Shooting
III. Game Conditions
A. Positioning
B. Aggressiveness
C. Game Knowledge
D. Teamwork
IV. Miscellaneous Traits
A. Listening
B. Attitude
C. Competitiveness
D. Commitment
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
12345
12345
12345
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
12345
12345
12345
Other Comments:

## APPENDIX B

## TOURNAMENT EVALUATION

Please rate the listed topics for quality on a scale of 1 to 5 with 1 as the lowest score and 5 the highest.
I. Pre-Tournament:
A. Continuity / completeness and ease of communications?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
B. Utility of Registration Materials:
C.

1. Timelines for preparation?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
2. Maps and lodging information?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
3. General information?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
II. Tournament:
A. Overall operations and organization?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
B. Fields:
4. Distance between game sites?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
5. Field conditions? (factor out weather conditions)
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
C. Site Coordinators
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
D. First Aid
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
E. Lodging and food quality?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
F. General safety?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
G. Referees:
6. Number?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
7. Basic knowledge?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
8. Quality of calls and control of game?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
H. Resolution of conflicts?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
I. Competitiveness of other teams?
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$

Would you attend this tournament again?

$$
\mathrm{YES} \quad \mathrm{NO}
$$

Would you recommend this tournament to other teams?

$$
\mathrm{YES} \quad \mathrm{NO}
$$

