

SOCCER PRACTICE GAMES

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31. "Hit The Coach" * * * * (U-6 only)

Teaches:	Dribbling, kicking & teaches the Coach how to be funny
Comment:	A simple, fun game for U-6
Set-up:	<ul style="list-style-type: none">• Each player has a ball
The Game:	<ul style="list-style-type: none">• Players stand shoulder-to-shoulder facing Coach who is about 5 steps away• On "Go", the Coach runs slowly away while players dribble to chase him & try to hit him with the ball by shooting at him• They get 1 point each time they hit him• Recruit parents to help & split into 2 games or even 3, so it is less crowded• Stay in a small area & have fun with this game <P.• Play for about 5 minutes
Variation:	<ul style="list-style-type: none">• Before starting, tell the players that if they hit you 5 times (total) you will make the sound of their favorite animal, like a dog or a cow, etc. When you are hit 5 times, stop & let them choose a sound. Then start all over.• Try to stop about every 60 seconds. You can adjust by changing the number of required hits to 3 or 4